FORM	5
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Check this box if no longer
subject to Section 16. Form 4
or Form 5 obligations may
continue. See Instruction 1(b).
Form 3 Holdings Reported

Form 4 Transactions

Reported

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### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

in nume und nudleos of hepoting reison			2. Issuer Name an SALEM MED				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_Director X_10% Owner					
(Last) 3780 WILL SCARL	(First)	(Middle)		(Month/Day/ Year)						le below)Other (specify below) Chairman of the Board		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)				
WINSTON SALEM	, NC 2710	)4						_X_Form Filed by One Reporting Person Form Filed by More than One Reporti				
(City)	(State)	(Zip)	Ta	ble I - Non-De	rivative Sec	curities	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securitie (A) or Disp (Instr. 3, 4	posed o		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D)	Beneficial		
			( · · · · <b>)</b> , · · · <b>)</b>		Amount	(A) or (D)	Price	(	or Indirect (I) (Instr. 4)			
Class A Common Ste	ock	12/28/2018		G	287,700	D	\$ <mark>(1)</mark>	2,363,354	D (2)			
Class A Common Sto	ock							1,067,320	Ι	By Children's Trusts <sup>(3)</sup>		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this SEC 2270 (9-02) form are not required to respond unless the form displays a currently valid OMB control number.

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

			( <i>e.g.</i> , p	outs, calls, wa	arrant	s, opt	ions, conver	tible securit	ties)					
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	Numb	ber	and Expirati	on Date	Amou	int of	Derivative	of	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	of		(Month/Day	/Year)	Unde	rlying	Security	Derivative	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Deriv	ative			Secur	ities	(Instr. 5)	Securities	Derivative	Ownership
	Derivative				Secur	ities			(Instr	. 3 and		Beneficially	Security:	(Instr. 4)
	Security				Acqu	ired			4)			Owned at	Direct (D)	
					(A) or							End of	or Indirect	
					Dispo								(I)	
					of (D)								(Instr. 4)	
					(Instr	· · · ·						(Instr. 4)		
					4, and	15)								
										Amount				
							Date	Expiration		or				
							Exercisable	-	Title	Number				
							Excicisable	Date		of				
					(A)	(D)				Shares				

## **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
EPPERSON STUART W 3780 WILL SCARLET RD WINSTON SALEM, NC 27104	Х	Х	Chairman of the Board					

# Signatures

02/14/2019
Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Stuart W. Epperson gifted Thirteen Thousand Seven Hundred (13,700) shares of Class A Common Stock to a custodial account for each of seventeen (17) grandchildren (1) and to each of the four (4) children's trusts, for a total gift of Two Hundred Eighty-Seven Thousand Seven Hundred (287,700) shares. Stuart W. Epperson has not retained
- any voting or dispositive power over such gifted shares.
- (2) Stuart W. Epperson and Nancy A. Epperson, as Joint Tenants.
- (3) Stuart W. Epperson as Trustee of each of the four (4) Epperson Children's Trusts for all purposes other than voting matters.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.