FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL						
OMB Number:	3235-0287						
Estimated average burden							
houre per reenonce	0.5						

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	ction I(b).				11	170	Stillellt (COIII	pany Act	01	1940							
(Print or Type Responses) 1. Name and Address of Reporting Person * EPPERSON STUART W				2. Issuer Name and Ticker or Trading Symbol SALEM COMMUNICATIONS CORP /DE/ [SALM]							_x_	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) XDirector10% OwnerXOfficer (give title below)Other (specify below)						
(Last) (First) (Middle) 3780 WILL SCARLET ROAD (Street)				3. Date of Earliest Transaction (Month/Day/Year) 02/24/2009								Chairman of the Board						
											X F	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(Cit		M, NC 27104 (State)		(Zip)				Fable	I - Non-De	eriv	ative Securities	Acquired.	Disposed o	of, or Benef	ficially Owne	d		
1.Title of S (Instr. 3)	ecurity		Date	ransaction e onth/Day/Year	r) any	tion	ed Date, if	3. Tra	ansaction e. r. 8)	4. S (A) (In	Securities Acqui) or Disposed of str. 3, 4 and 5)	ired 5. An Owner Trans	nount of Se	ecurities Being Reported	neficially 6	6. Ownership Form:	Beneficial Ownership	
Reminder:	Report on a s	separate line for ea	ach class	of securities l	beneficia	lly o	owned dir	ectly	Perso	ons s fo	who respond orm are not re tly valid OMB	quired to r	espond u				1474 (9-02)	
				Table II							ed of, or Benefi vertible securit		ed					
Security (Instr. 3) Pr	Conversion	3. Transaction Date (Month/Day/Year	Execu any	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Numl Transaction of Deriv Code Securiti (Instr. 8) Acquire or Dispo of (D) (Instr. 3 and 5)			vative Expiration D (Month/Day/osed (A))			ite	7. Title and of Underlyi Securities (Instr. 3 and	ng	8. Price of Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownersh Form of Derivativ Security Direct (I or Indire s) (I)	Beneficia Ownersh (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisabl	le	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)		
Stock Option (right to buy)	\$ 0.56	02/24/2009			A		50,000)	02/24/20)10	02/24/2015	Class A Common Stock	50,000	\$ 0	50,000	D		
Repor	ting O	wners																
			Relationships															
Reporting Owner Name / Address Director Owner		Officer				Other	r											
EPPERSON STUART W 3780 WILL SCARLET ROAD WINSTON-SALEM, NC 27104			Chairman of the Board				ard											
Signat						, -								0.5	0.00000			
/s/ Chris	topher J. F	Ienderson, Atte	orney-i		tuart W			pur	suant to a	co	ntinuing pow	ver of attor	rney	02/	26/2009 Date			
				-signau	are or repo	ginn	1 (15011											

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

STUART W. EPPERSON LIMITED POWER OF ATTORNEY FOR SECTION 16 REPORTING OBLIGATIONS

Know all by these presents, that the undersigned hereby makes, constitutes and appoints each of Christopher J. Henderson and Evan D. Masyr, each acting individually, as the undersigned's true and lawful attorney-in-fact, with full power and authority as hereinafter described on behalf of and in the name, place and stead of the undersigned to:

- (1) prepare, execute, acknowledge, deliver and file Forms 3, 4, and 5 (including any amendments thereto) with respect to the securities of Salem Communications Corporation, a Delaware corporation (the "Company"), with the United States Securities and Exchange Commission, any national securities exchanges and the Company, as considered necessary or advisable under Section 16(a) of the Securities Exchange Act of 1934 and the rules and regulations promulgated thereunder, as amended from time to time (the "Exchange Act");
- (2) seek or obtain, directly or through a designated person(s) as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party, including brokers, employee benefit plan administrators and trustees, and the undersigned hereby authorizes any such person to release any such information to the undersigned and approves and ratifies any such release of information; and
- (3) perform any and all other acts which in the discretion of such attorney-in-fact are necessary or desirable for and on behalf of the undersigned in connection with the foregoing.

The undersigned acknowledges that:

- (1) this Power of Attorney authorizes, but does not require, each such attorney-in-fact to act in their discretion on information provided to such attorney-in-fact without independent verification of such information;
- (2) any documents prepared and/or executed by either such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney will be in such form and will contain such information and disclosure as such attorney-in-fact, in his or her discretion, deems necessary or desirable;
- (3) neither the Company nor either of such attorneys-in-fact or representative assumes (i) any liability for the undersigned's responsibility to comply with the requirement of the Exchange Act, (ii) any liability of the undersigned for any failure to comply with such requirements, or (iii) any obligation or liability of the undersigned for profit disgorgement under Section 16(b) of the Exchange Act; and
- (4) this Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned's obligations under the Exchange Act, including without limitation the reporting requirements under Section 16 of the Exchange Act.

The undersigned hereby gives and grants each of the foregoing attorneys-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary or appropriate to be done in and about the foregoing matters as fully to all intents and purposes as the undersigned might or could do if present, hereby ratifying all that each such attorney-in-fact of, for and on behalf of the undersigned, shall lawfully do or cause to be done by virtue of this Limited Power of Attorney.

This Power of Attorney shall remain in full force and effect until revoked by the undersigned in a signed writing delivered to each such attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 6th day of November, 2008.

executed as of this 6th day	of November,	2008.					
		/s/ STUART W. EPPERSON Signature					
		Stuart W. Epperson					
		Print Name					
STATE OF California COUNTY OF Ventura)))						

appeared Stuart W. Epperson, who proved to me on the basis of satisfactory evidence to be the person whose name is subscribed to the within instrument and acknowledged to me that he executed the same in his authorized capacity, and that by his signature on the instrument the person, or the entity upon behalf of which the person acted, executed the instrument

I certify under PENALTY OF PERJURY under the laws of the State of California that the foregoing paragraph is true and correct.

WITNESS my hand and official seal.

/s/ DAWN M. DAHL

Notary Public

DAWN M. DAHL
Seal Commission # 1698151
Notary Public – California
Ventura County
My Comm. Expires Oct 8, 2010